

# Newsletter

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**Dear Human Beings,**

*Here comes what you've been asking and waiting for! Our brand new and exclusive 'Medical Wellness' holiday programs on the Costa Del Sol in Spain!*

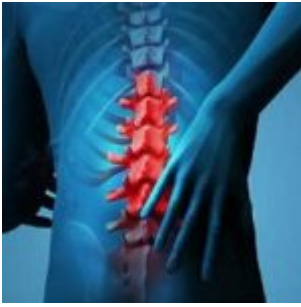
*We would like to take this opportunity to introduce ourselves and our innovative and for the moment unique products within the health tourism industry in Spain.*

*Please note: although this info is written in English for our international colleagues, you can communicate with us in German or Spanish as well!!!*

## **MEDICAL WELLNESS**

*'Medical Wellness' is building the bridge between professional medical care (which usually takes place in a clinical environment) and wellness holidays (which usually have no medical services at all).*

*People have become more and more aware of their own health status and are getting stressed about curing health problems or how to prevent diseases.*



With Vitality Group all this hassle is over and guests can enjoy their luxury beach holiday on the Costa Del Sol in Spain whilst being in the trustful hands of multi lingual doctors who don't only do a professional medical examination but also put together an individual treatment plan to make sure every guest gets the perfect balance of stress free medical care and relaxing holidays!

Our `Vitality Group` consists of international highly experienced and licensed doctors, managers and directors from the andalusian hotel and luxury real estate industry.

Over the course of the last 4 years we developed and professionalised a `real` medical wellness concept which now has become reality! Why `real`? As you probably realised already more and more providers are starting to use the terminology `medical wellness` within their promotions which in reality turn out simple (sometimes very simple) wellness holidays. But – Medical wellness is a legal term and practising entities have to not only include real medical services with registered and licensed medical staff in their portfolio, they also have to fulfill lots of legal criteria in terms of treatment locations and infrastructure (hotel facilities, hospital access, etc), safety of the guests, equipment and insurances.



With Vitality Group our guests are perfectly safe and every service is licensed and quality controlled!!! For emergencies or special treatment requests which could require hospital equipment (for example MRT/MRI etc.) we even have a collaboration with two of the best equipped private hospitals in Spain – `CHIP hospital Malaga` and `Xanit Vithas hospital` in Benalmadena.

<http://vitalitygroup.es/medical-wellness/>

## LOCATION & ACCOMMODATION

Our main collaborating hotel is Hotel Hydros Wellness & Spa in Benalmadena, 15-20 minutes drive from Malaga International Airport. The hotel is part of the beach resort `Holiday World` with 4 hotels and our guests have the privilege to use almost all facilities within the resort (which other hotel guests are not allowed to).

Hotel Hydros is perfectly suitable for our medical wellness guests as it has super spacious suites with giant terraces and their private Jacuzzi with guaranteed sea views!



The Spa is perfectly equipped with treatment rooms, aqua gym,

indoor pool and a massive outdoor pool with luxury sun beds facing the sea.

The restaurant will not only provide healthy Mediterranean food but also different menus on our doctor`s instruction regarding special diets, anti allergic or detoxing nutrition!

The Costa Del Sol itself is internationally famous for its `micro climate` with over 320 days of sun every year. This climate has been scientifically proven to have an active positive impact on your individual health – ranging from lungs, skin, bones (yes bones) to the whole metabolism and cardio vascular system as well as well known diseases like Cancer, Arthritis or Fibriomyalgie.

<http://vitalitygroup.es/our-resorts-hotels/>

## **HOLIDAY PROGRAMS & PRICES 2018/19**

To make things easier for you – especially our new guests, we`ve designed 11 different programs which all include medical wellness, accomodation, food and airport transfer.



As our guest can simply pick your most matching program or if you`re not sure we can consult you beforehand or even put an individual program together for you! (Psssst: the top booking at the moment is our [DETOX-program...!!!](#))

An overview of all our programs with official prices and details you can find here:

<http://vitalitygroup.es/programs/>

*We really hope we could create some interest in us as we would love nothing more but proving to you that with us you will improve your health – guaranteed!*

*Don`t hesitate to contact us for more details like example itineraries (in English AND German) or simply to ask for help and advise concerning your very own health situation – we will help!*

*With healthy regards from the Costa Del Sol*

**Tony Schröter** (director)

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