

# Vitality Anti-Pain

*Vitality*

*Anti-Pain*, pain treatment for fibromyalgia syndrome, arthritis, back pain and more

A detailed examination of whole body is carried out to assess the general health status, while a neurological examination to assess impairment of the nervous system.

An individual therapeutic plan is then set out using the following acknowledged methods:

- Standard medication
- Method of local- and regional anaesthesia
- Psychotherapy –
- Stimulating techniques with electrotherapy
- Physiotherapeutic applications
- Manual therapy
- Heat therapy
- TNS, EMS, acupuncture
- Autogenic training
- Consulting and education for future nutrition

***Vitality Anti-Pain – also includes:***

- Transfers from; airport – hotel – airport
- 6 nights stay at the **Holiday Hydros Wellness & Spa**
- A full diet of Mediterranean cuisine;  
6x breakfast and 6x dinner
- Use of spa, fitness room, pool and other facilities under medical supervision

**Hotel Holiday Hydros:**

<http://vitalitygroup.es/wp-content/uploads/2018/01/Hotel-Hydros-Holiday-World.mp4>

**May, June and September (July+August on request)**

Type	Price in € p.p.	
suite	2090	<a href="#">view...</a>
penthouse suite	2290	<a href="#">view...</a>
2 bedroom suite	1990 (min. 4 pers.)	<a href="#">view...</a>

**October – April**

Type	Price in € p.p.	
suite	1890	<a href="#">view...</a>
penthouse suite	2090	<a href="#">view...</a>
2 bedroom suite	1790 (min. 4 pers.)	<a href="#">view...</a>

**For further Information and to Reserve:**