

# Vitality Rehabilitation

*Vitality*

*Rehab*, a fully individualised medical program to support recovery from almost any injury, disease or operation

- Complete physical examination including laboratory diagnostics
- Symptom-related treatment plan
- Medical measures to speed up the healing process
- Wellness program including several massages (massages will be carefully selected based on health status)

***Vitality Rehabilitation* – also includes:**

- Transfers from; airport – hotel – airport
- 6 nights stay at the **Holiday Hydros Wellness & Spa**
- A full diet of Mediterranean cuisine;  
6x breakfast and 6x dinner
- Use of spa, fitness room, pool and other facilities under medical supervision
- Optional participation in courses and activities like: Yoga group sessions, Reikki healing, sonic frequency meditation (the magic of steel drums), archery, beach club, on-site events, and much more...

**Hotel Holiday Hydros:**

<http://vitalitygroup.es/wp-content/uploads/2018/01/Hotel-Hydros-Holiday-World.mp4>

**May, June and September (July+August on request)**

Type	Price in € p.p.	
suite	1790	<a href="#">view...</a>
penthouse suite	1990	<a href="#">view...</a>
2 bedroom suite	1590 (min. 4 pers.)	<a href="#">view...</a>

## October – April

Type	Price in € p.p.	
suite	1590	<a href="#">view...</a>
penthouse suite	1790	<a href="#">view...</a>
2 bedroom suite	1390 (min. 4 pers.)	<a href="#">view...</a>

**For further Information and to Reserve:**