

Vitality-Rejuvenate

General care advice (cancer prevention, vaccinations, cardiovascular risk)

- Complete physical examination to assess general health status
- Complete laboratory examination, including hormonal status, virology and vitamin status
- Examination of the heart and circulation at rest and under load (cardiac ultrasound, vascular ultrasound of the neck vessels, ergometer)
- Ultrasonic examination of abdominal organs (liver, bile, kidneys, pancreas, prostate, vessels and thyroid gland)
- Lung function measurementLoad test to determine performance (lactate test, spiroergometry, bicycle ergometer, tread ergometer) as a basis for the training recommendations
- Further diagnostics with computer or nuclear magnetic resonance imaging, colonoscopy (colonoscopy),
- Training recommendations for sports activities, medical training control, individual training, medical training therapy, examination of the eye and visual activity
- Advice on healthy eating, physical activity and, if necessary, weight loss
- Detailed final discussion on the findings and, if necessary, further therapy (preparation of a health record / plan)

Further Information and to Reserve, contact us here...